



## LAMBERTS CASTLE RIDING CLUB

**Chairman:** Jane Rogers                    07773 298430                    info.lambertscastle@gmail.com  
**Secretary:** Pam Ewell                    07752 172819  
**Treasurer:** Fran Summers            07831 175409

### Committee:

Fiona Benger:    Newsletter & website            01404 831218  
Sarah Wharton:    Teams & Merchandise            07792 248115  
Wendy Kiy:            Training                            07939 049047  
Leah Steele:        Child safeguard officer & Social 07826 958016  
Brenda Lunt:        Rides                                01297 678327  
Nicola Cunningham: Social Media            07774910596

### Summer & Autumn 2020

Dear Members

Hope you are all well and have kept busy during these strange times.

The good news!! Following latest Government easing of Lockdown restrictions, BRC (British Riding Clubs) have given approval for some Club activities to restart. These will be in line with BRC guidelines and at all times complying with Government guidelines.

At this time BRC are not allowing any Competition to restart and only outdoor activities can be considered.

Our Committee met on Monday and have planned a program of rides and training in line with these guidelines.

The full government update can be found here: [https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/guidance-for-the-public-on-the-phased-return-of-outdoor-sport-and-recreation?fbclid=IwAR3KKiWvnTyyWteCp7fKfFnFsvElcrI401OZzv7lq\\_7TXfeuocCMgdIwH-fQ](https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/guidance-for-the-public-on-the-phased-return-of-outdoor-sport-and-recreation?fbclid=IwAR3KKiWvnTyyWteCp7fKfFnFsvElcrI401OZzv7lq_7TXfeuocCMgdIwH-fQ)

Below are some of the first plans, together with brief overview of the guidelines we must follow.

1. Activities can now take place with a maximum of 6 person groups, to be held outside as of 1<sup>st</sup> June 2020.
2. LCRC expect only one person from a household to be attending the rides and or training.
3. If another person comes to drive the vehicle, they can unload, assist tack up, rider getting onto the horse etc. But should then remain in or with their vehicle throughout the session, to maintain social distancing as they are not part of the gathering.
4. We will allow time for groups to assemble and disperse.
5. Parking should be 5-10 m apart to allow for social distancing of 2 metres to be maintained when horses are tied up.
6. Masks are not compulsory but can be worn if Members wish to.
7. Gloves as PPE are not ideal if worn all the time as you touch things and then your face, the advice is regular hand washing.
8. Ride group maximum of 6 with social distancing to be maintained. *Should there be an incident during the rides which needs a rider or horse to have outside assistance. Only one rider should move to help (preferably the ride leader). If dismount is needed and horses are required to be held during the incident one rider per horse held and maintaining social distancing from the rest of the ride as far as safely possibly.*
9. Anyone showing symptoms of Covid 19 or who has been in contact to stay at home, the advice for clinically vulnerable groups remains the same. If you are in this group, you are advised to stay at home as much as possible.
10. By booking into one of our activities you are agreeing to our terms and conditions. Please reconfirm your emergency contact number when booking your place.

As restrictions ease going forward, we will consider other activities, including subsidised training with other trainers, as we had planned at Chard.

### DATES FOR YOUR DIARY:

**Wednesday 24<sup>th</sup> June – Dressage training with Pam Ewell: Pendragon, Lodge Lane.**

Dressage training, all levels and abilities catered for, the cost is the same as last year: £25 1 hour individual lesson or : £15 each per 1hour paired session / ½ hour Individual lesson – Cash Payment on the day – correct amount please

Names to Sarah Wharton: 01297 32020 or [sarah.wharton64@gmail.com](mailto:sarah.wharton64@gmail.com) by Monday 22<sup>nd</sup> June

**Tuesday 30<sup>th</sup> June – Show Jumping training with Jane Rogers: Swallowfields, Wyke.**

Groups of similar abilities or individual lessons, all levels catered for.

£30 individual lesson or £18 each per pair lesson

Names to Jane Rogers: 07773 298430 or [jane.rogers95@gmail.com](mailto:jane.rogers95@gmail.com) by Saturday 27<sup>th</sup> June.

**Monday 6<sup>th</sup> 2pm for 2.30 & Thursday 9<sup>th</sup> July 9 for 9.30 start – Swallowfields, Wyke.**

Jane Rogers has offered to do 2 rides from her house this week with maximum of 5 places [6 including Jane] on a first come first serve booking, they will be slow rides with a chance to have a canter, parking in Jane's Field. Please be mounted and ready to ride out at 2.30 pm 6<sup>th</sup> July & 9.30am 9<sup>th</sup> July  
£5 each Payment by Bacs or correct cash to put in the collection Jar.

Names to Fran by Saturday 4<sup>th</sup> July - [fran.summers60@gmail.com](mailto:fran.summers60@gmail.com)

**Thursday 23<sup>rd</sup> July – Dressage training with Pam Ewell: Pendragon, Lodge Lane.**

Dressage training, all levels and abilities catered for, the cost is the same as last year: £25 1hour individual lesson or : £15 each per 1hour paired session / ½ hour Individual lesson – Cash Payment on the day – correct amount please

Names to Sarah Wharton: 01297 32020 or [sarah.wharton64@gmail.com](mailto:sarah.wharton64@gmail.com) by Monday 20<sup>th</sup> July

**Monday 27<sup>th</sup> & Tuesday 28<sup>th</sup> July – Pendragon, Lodge Lane: 8am Breakfast ride**

Led by Sarah Wharton around the many bridleways in Hawkchurch, very little road work and chances to canter in open fields, the ride will be at a moderate pace.

Numbers will be limited to five members per ride, in line with the government's current regulations.

£5 each Payment by Bacs or correct cash to put in the collection Jar.

Names to Sarah Wharton: [sarah.wharton64@gmail.com](mailto:sarah.wharton64@gmail.com) by Friday 24<sup>th</sup> July

On a first come basis due to limited numbers allowed

**Thursday 30<sup>th</sup> July – Show Jumping training with Jane Rogers: Swallowfields, Wyke.**

Groups of similar abilities or individual lessons, all levels catered for.

£30 individual lesson or £18 each per pair lesson

Names to Jane Rogers: 07773 298430 or [jane.rogers95@gmail.com](mailto:jane.rogers95@gmail.com) by Monday 27<sup>th</sup> July

**Thursday 13<sup>th</sup> August – Dressage training with Pam Ewell: Pendragon, Lodge Lane.**

Dressage training, all levels and abilities catered for, the cost is the same as last year: £25 - 1hour individual lesson or: £15 each per 1hour paired session / ½ hour Individual lesson  
Cash Payment on the day – correct amount please

Names to Sarah Wharton: 01297 32020 or [sarah.wharton64@gmail.com](mailto:sarah.wharton64@gmail.com) by Monday 10<sup>th</sup> August

**Thursday 20<sup>th</sup> August 10am – Higher Brucklands, Musbury**

This is an amazing ride with stunning coastal views and plenty of chances to canter in open spaces, we have been kindly invited by the Holmes family, long time club supporters

Please be mounted and ready to ride at 10.00am

£5 each Payment by Bacs or correct cash to put in the collection Jar.

Names to Fran Summers: [fran.summers60@gmail.com](mailto:fran.summers60@gmail.com) by Monday 17<sup>th</sup> August

**Wed 26<sup>th</sup> Aug – Show Jumping training with Jane Rogers: Swallowfields, Wyke.**

Groups of similar abilities or individual lessons, all levels catered for.

£30 individual lesson or £18 each per pair lesson

Names to Jane Rogers: 07773 298430 or [jane.rogers95@gmail.com](mailto:jane.rogers95@gmail.com) by Monday 24<sup>th</sup> August

**Thursday 10<sup>th</sup> September 10.30am – White Lodge, Dalwood. Lunch ride.**

Led by Fiona Bengler: This ride will be at a slow to moderate pace and will be ideal for first timers, to include a lunch stop at the Tuckers pub in Dalwood.

Please be mounted and ready to ride at 10.30am

£10 to include lunch. Payment by Bacs or correct cash to put in the collection Jar.

Names to Fiona Bengler: [fiona@tonybenger.com](mailto:fiona@tonybenger.com) by Monday 7<sup>th</sup> September

**Thursday 17<sup>th</sup> Sept – Dressage training with Pam Ewell: Pendragon, Lodge Lane.**

Dressage training, all levels and abilities catered for, the cost is the same as last year: £25 - 1hour individual lesson or: £15 each per 1hour paired session / ½ hour Individual lesson

Cash Payment on the day – correct amount please

Names to Sarah Wharton: 01297 32020 or [sarah.wharton64@gmail.com](mailto:sarah.wharton64@gmail.com) by Monday 14<sup>th</sup> September

**Wed 23<sup>rd</sup> Sept – Show Jumping training with Jane Rogers: Swallowfields, Wyke.**

Groups of similar abilities or individual lessons, all levels catered for.

£30 individual lesson or £18 each per pair lesson

Names to Jane Rogers: 07773 298430 or [jane.rogers95@gmail.com](mailto:jane.rogers95@gmail.com) by Monday 21<sup>st</sup> September

**Thursday 1<sup>st</sup> October 10.30am – Lamberts Castle.**

This ride will be at a faster pace, Jenny Legg will help guide us.

Please be mounted and ready to ride at 10.30am

£5 per person Payment by Bacs or correct cash to put in the collection Jar.

Names to Fran Summers: [fran.summers60@gmail.com](mailto:fran.summers60@gmail.com) by Monday 28<sup>th</sup> September

**Thursday 22<sup>nd</sup> October 10.30am: Club ride – Damas Lawn, Hawkchurch**

Brenda Lunt will lead this ride, around the local bridleways, it will be at a moderate pace

£5 each Payment by Bacs or correct cash to put in the collection Jar.

Names to Brenda Lunt: [tg.lunt@outlook.com](mailto:tg.lunt@outlook.com) by Monday 19<sup>th</sup> October

**Monday 9<sup>th</sup> November 10.30am – Uphay Farm.**

This ride will be a gentle pace around the bridleways of Smallridge and Membury.

£5 each Payment by Bacs or correct cash to put in the collection Jar.

Names to Fran Summers: [fran.summers60@gmail.com](mailto:fran.summers60@gmail.com) by Friday 6<sup>th</sup> November

**Tuesday 29<sup>th</sup> December 10.30am – Christmas Ride: Golden Cap**

This ride will be at a moderate pace with chances to canter in open fields, led by Fran Summers.

Please be mounted and ready to ride at 10.30am

Jan Osborne has kindly offered parking again at Seadown Caravan park on hard standing.

Free, please bring a plate of food to share

Names to Fran Summers: [fran.summers60@gmail.com](mailto:fran.summers60@gmail.com) by Sunday 27<sup>th</sup> December

**XC training to be arranged**

£30 per person, the club will subsidise this training, making it affordable for all members to enjoy.

Names to Jane Rogers: [jane.rogers95@gmail.com](mailto:jane.rogers95@gmail.com) by 3<sup>rd</sup> July, Jane will organise a venue and the training

**AGM: Thursday 7<sup>th</sup> Jan 2021- 7.30pm Venue TBC**

## **60 seconds & 10 questions with..... Greta Duff**

**Your first pony, name, size & breed:** I did not own a pony as a child. I rode all sorts. I bought a 15hands chestnut cob, Timothy. Timothy moved here with us in 1976. He taught me a lot!

**Funniest pony / horse moment:** I think it has to be, when hacking home from hunting, about 1997, over the bridleway from Brinscombe, on Saracen, wet and cold, happily

mulling over the day , a deer suddenly jumped out of the hedge ahead of us. Saracen whipped around and I was cast on top of the hedge on my back. Clambering out of the hedge and trying to remount a rather startled 17hand horse must have been very comical. Fortunately, I don't think anyone saw!

**Top tip:** Take time to observe and really get to know your horses.

**Rider hero:** May I have three? Mary Bromily, (who sadly died this year) Her advice on treating injured horses was invaluable when trying to keep polo ponies fit and well. Carl Hester - who rides so beautifully. Mary King - who inspired so many of our youngsters with her drive and kindness.

**Horse you might like to steal:** Valegro!

**Your proudest achievement:** Training Saracen to carry a scary very disabled man who was too heavy for regular RDA ponies, and seeing them go to a fun day at Conquest.

**How much did you pay for the first set of shoes and in what year:** 1974. No idea. The farrier had a forge on the village green. It was certainly cash.

**How many years have you been a member of L.C.R.C.:** I must have joined between 1990 and 94.

**Favourite food / meal:** Salmon with new potatoes and different salads.

**Main aim for 2020:** To try and enjoy lovely Squirrel. She is now 22 and I think she may want to retire soon. Also, to watch my grandchildren compete.

### ***And Finally: some silly horse jokes!***

What do you call a scary female horse?

*A nightmare!*

How did the cowboy ride into town on Friday, stay for three days, and ride out on Friday?

*His horse's name was Friday!*

Did you hear about the depressed horse?

*He told a tale of whoa!*

What sickness do cowboys get from riding wild horses?

*Bronchitis*

What's the hardest thing about learning to ride a horse?

*The ground!*

A disgruntled buyer rings the person who sold them a horse – “You said this horse could jump as high as a five-foot fence and she can't jump at all”. The seller replies, “Well neither can a fence!”