



LAMBERTS CASTLE RIDING CLUB

Chairman: Jane Rogers 07773 298430 jane.rogers95@gmail.com
Secretary: Pam Ewell 07752 172819 pamadam@ewell5.co.uk
Treasurer: Fran Summers 07831 175409 fran.summers60@gmail.com

Committee:

Fiona Benger: Newsletter & Media 01404 831218 fiona@tonybenger.com
Sarah Wharton: Teams & Merchandise 07792 248115 sarah.wharton64@gmail.com
Wendy Kiy: Training 07939 049047 wendykiy@gmail.com
Leah Steele: Child safeguard officer & Social 07826 958016 leah@rsfencingltd.co.uk
Brenda Lunt: Rides 01297 678327 tg.lunt@homecall.co.uk

Spring, Summer & early autumn 2019

Dear Members

Spring is here..... The sun is shining and the clocks have gone forward, bringing longer days for us all to enjoy our horses, the committee have put on a wide variety of club events for everyone.

Last winter we enjoyed some very good club talks, and we are following up on the vet talk with a practical talk and demo and a BBQ, full details below.

Club teams have done extremely well again this winter, winning the winter dressage and the arena eventing, well done all, Good luck at Bury Farm on 27th April.

Area 12 Dates for 2019

9 ^h June:	Horse Trials 80, 90 & 1m	Bicton Arena
13 th July:	Show jumping and style jumping	KSEC
TBA	Dressage and riding tests	TBA
6 th Oct:	Senior Novice winter dressage	KSEC
27 th Oct:	Senior Intermediate dressage	KSEC
Horse trials championships:		Swalcliffe, nr Banbury 2 nd – 4 th August
Hartpury Regional finals:		17 th August

Would you like to represent your club at an area 12 competition? Teams are fun, especially with **LCRC**, where we like to think that taking part is most important, winning is a bonus! Team members love to be supported by club members, come along and cheer them on, the club also requires volunteers to be the club helper at these competitions, you are well looked after, lots for everyone at Area 12 competitions.

Please contact:

Senior teams: Sarah Wharton: 01297 32020 or sarah.wharton64@gmail.com
Junior teams: Leah Steele: 07826 958016 or leah@rsfencingltd.co.uk

DATES FOR YOUR DIARY

Good Friday 19th April: Cotley Fun Ride from Burrige Farm

Wednesday 24th April 10.30am: Club ride from Swallowfields, Axminster.

This ride will be at a sedate pace to encourage first timers on the club rides, help will be on hand from experienced riders and their sensible horses. Wendy Kiy and Jane Rogers will lead members around the local tracks on Trinity Hill and Uplyme.

£5 each - Names to Brenda Lunt to include an emergency contact number by Monday 23rd April tg.lunt@homecall.co.uk

8th – 10th May: Exmoor Ride

Spaces still available.....

Arrive Wed 8th May: there will be an afternoon ride, location TBA

Thursday 9th May: will be the main long all day ride led by Fran Bell,

Friday 10th: a short / medium length morning ride.

The ride will be over the open moor, therefore all members wishing to ride must be confident and happy to canter in open spaces, the committee recommend that members have ridden on a least two club rides in the past year.

Accommodation at the youth hostel in Exford: and stabling at the White Horse Yard, to include haylage & straw bedding. All horses must be up to date with flu vaccinations.

For more info contact Fran Summers fran.summers60@gmail.com

Monday 13th May: The Gallops at Upton Barn, Nr Cullumpton 3pm on

Members have requested a visit to the Gallops, Jane Rogers has kindly organised this and will accompany you two at a time on the gallops, this will teach you the correct pace and how to ride. Club members are welcome to come along and watch, it will be an interesting afternoon.

£10 each names to Jane Rogers by Friday 10th May

Tuesday 14th May: S.J. training with Jane Rogers – Swallowfields, 2pm on

Groups of similar abilities or individual lessons, all levels catered for.

£30 individual lesson or £18 group lesson

Names to Jane Rogers: 07773 298430 or jane.rogers95@gmail.com by Saturday 11th May

Thursday 23rd May: Dressage training with Pam Ewell – Lodge Lane, Axminster

Perfect to prepare for the dressage competitions!

Continuing with the popular dressage training, all levels and abilities catered for, the cost is the same as last year: £15 shared / ½ hour lesson or £25 individual lesson

Names to Sarah Wharton: 01297 32020 or sarah.wharton64@gmail.com by Monday 20th May

Tuesday 28th May: Evening combined training – Swallowfields 5.30pm on

Class 1: Intro B 60cm max

Class 2: Prelim 4 70 - 80cm

Class 3: Prelim 14 80 – 90cm

Dressage on grass and SJ in the school

Dressage only: £8 per test Combined training: £10 per class

Names to Jane Rogers: 07773 298430 or jane.rogers95@gmail.com by Sunday 26th May

Tuesday 4th June: Dressage training with Pam Ewell – Lodge Lane, Axminster

Continuing with the popular dressage training, all levels and abilities catered for, the cost is the same as last year: £15 shared / ½ hour lesson or £25 individual lesson

Names to Sarah Wharton: 01297 32020 or sarah.wharton64@gmail.com by Saturday 1st June

Thursday 13th June 5.30pm: Club dressage & BBQ - White Lodge, Dalwood

Come and join us for the BBQ if you are not planning on riding, this is a social evening for all club members to enjoy.

Class 1: Intro A

Class 2: Prelim 2

Class 3: Prelim 12

£8 per test or 2 for £15

BBQ £5 per person friends and family of members welcome to join us for the BBQ

Names to Fiona Benger: 07972257583 or fiona@tonybenger.com by Monday 10th June

Wednesday 19th June: Club evening ride - Burrige Farm 5.30pm

Following on the success of last years evening ride from Burrige and supper after.

The ride will be at a moderate to fast pace with chances to canter in open spaces

Ride: £5 Supper £4 Names to Brenda to include an emergency contact number by Monday 17th

June tg.lunt@homecall.co.uk

Tuesday 25th June: S.J. training with Jane Rogers – Swallowfields, 2pm on

Groups of similar abilities or individual lessons, all levels catered for.

£30 individual lesson or £18 group lesson

Names to Jane Rogers: 07773 298430 or jane.rogers95@gmail.com by Saturday 22nd June

Thursday 27th June 7pm: BBQ and practical vet demo - Damus Lawn

Antonia Milner Matthews will do a practical follow up to her winter talk about heart rates and fitness in horses, these will vary from the competition horse to the leisure horse, Antonia will teach members to listen to heart rates, after fast exercise and at rest, followed by a BBQ Family and friends welcome BBQ & Talk £8 each Names to Leah Steele by Monday 24th June leah@rsfencingltd.co.uk

Wednesday 3rd July 10.30am: Club Ride – Rousdon

Frances Allhusen will lead the ride from her farm overlooking the sea, the ride will take you via Axmouth estuary and golf course with fantastic views over Lyme bay, the ride will be at a medium pace, with controlled canters.

£5 per person Names to Brenda to include an emergency contact number by Monday 1st July

tg.lunt@homecall.co.uk

10th July: Dressage training with Pam Ewell – Lodge Lane, Axminster

Continuing with the popular dressage training, all levels and abilities catered for, the cost is the same as last year: £15 shared / ½ hour lesson or £25 individual lesson

Names to Sarah Wharton: 01297 32020 or sarah.wharton64@gmail.com by Monday 8th July

Thursday 18th July 5.30pm: Club dressage and plate supper – Lodge Lane, Axminster

Dressage will be on Sarah's very nice school, therefore we are offering members a chance to have a go at some harder tests!

Class 1: Intro C

Class 2: Prelim 18

Class 3: Novice 24 or Elementary 42

£8 per test or 2 for £15, please bring a plate of food to share after the dressage finishes.

Names to Sarah Wharton: 01297 32020 or sarah.wharton64@gmail.com by Monday 15th July

Wednesday 31st July 8am: Club breakfast ride - Pendragon, Lodge Lane, Axminster

This ride will be at a moderate pace through the local bridleways and Charmouth forest, a perfect next step for members who enjoyed the slow starter rides in March and April.

An early morning ride is a great way to start the day and also avoid the summer flies!

Bacon rolls after the ride....

£5 each - Names to Brenda Lunt to include an emergency contact number by Monday 29th July

tg.lunt@homecall.co.uk

Thursday 12th September: 10.30am club ride - Wiscombe area

This ride will be at a moderate pace to possibly slightly faster in places

£5 each - Names to Brenda Lunt by Monday 9th September tg.lunt@homecall.co.uk

Tuesday 8th October: 7.30pm AGM – The George, Axminster

The George Hotel is very central to club members, and has been recently re furnished and re-opened, a small amount of parking available at the hotel, otherwise, there is plenty in the car park opposite the Chinese, free after 6pm

Two course meal followed by a short meeting

£15 per meal Lasagne, salad and garlic bread followed by delicious brownies and ice cream,

Names and dietary requirements to Leah Steele by Thursday 3rd October leah@rsfencingltd.co.uk

Thursday 10th October: 10.30am club ride - Great Coombe Farm,

This ride will be at a fast pace over the open fields and bridleways from Lamberts Castle to Conigar Hill.

£5 each - Names to Brenda Lunt by Monday 7th October tg.lunt@homecall.co.uk

And Finally: a few points.....

Club clothing: We now have a range of **LCRC** clothing available to order from an online shop.

Go to www.sewequestrian.com and click on the link that says clubs and teams you will find a tab for Lamberts Castle Riding Club.

The jackets and gilets are true to size, from size 8 to 18, but as they are embroidered returns are not accepted if they don't fit!

Therefore, If you are not sure about your size please contact Sarah Wharton and she will arrange for you to try on the size you think you need.

Cross country silks in the LCRC colours of black and green are also available from Sarah Wharton at a cost of £10 each.

If you have any queries concerning the clothing or placing an order please do not hesitate to contact Sarah who will be happy to help.

Mandy Frost SJ training: Date to be confirmed end of April / May, for more details contact Wendy Kiy wendykiy@gmail.com or 07939049047 and if enough interest Wendy will arrange a second session. We are very lucky to have Mandy to train us, she is a top level SJ coach.

Following a very successful training day on 1st April at Pam's yard, members have asked for another day, the day will include: Dressage with Pam in the morning, either an individual lesson or in twos, followed by a SJ session with Jane Rogers in the afternoon. £30 each with a shared lunch, which is the perfect time to chat about your training.

Please contact Pam and she will organise another day to suit everyone, maybe a weekend if members request it. pamadam@ewell5.co.uk

Flu vaccinations: should be up to date for all club members horses who are attending club events. Six month boosters are recommended for horses that are competing, many venues will require a six month booster, others are happy with an annual booster. Passports will be checked at all competitions.

Hats: A reminder that at club events all members must wear an up to date hat, if in doubt ask Jane or Pam, or check the BRC website, this gives all the latest information, hats must be tagged for anyone who is competing, they will be checked, along with back protectors.

Rides: When booking in with Brenda, please give her an emergency contact number.