



LAMBERTS CASTLE RIDING CLUB

Chairman: Jane Rogers 07773 298430 jane.rogers95@gmail.com
Secretary: Sarah Wharton 07792 248115 sarah.wharton64@gmail.com
Treasurer: Fran Summers 07831 175409 fran.summers60@gmail.com

Committee:

Fiona Benger: Newsletter & website 01404 831218 fiona@tonybenger.com
Sarah Wharton: Teams & Merchandise 07792 248115 sarah.wharton64@gmail.com
Wendy Kiy: Training 07939 049047 wendykiy@gmail.com
Nicky Rogers: 07971 259144 nickyrogers846@gmail.com
Jan Osborne: 07884 077561 royandjanoz@gmail.com
Helen Turner 07538011286 helen@stairconsultancy.co.uk
Davina Hardiman: 07840 188001 davinahardiman@icloud.com

Spring & Summer 2022

Dear Members

Spring is here and the sun is shining, the LCRC committee have been very busy organising lots of club events for the members to enjoy. Training, Rides, Club competitions and Social events....

Our AGM which was held on zoom back in January, seems a long time ago. We welcomed Helen Turner onto the committee, Helen has been a huge help already, many of you may have met Helen on the club rides, and she kindly agreed to do my 60 seconds and 10 questions interview. Jane kindly agreed to stay on as our club chairman for another year, which was a great relief to the committee, Jane has such great experience and knowledge which we all appreciate, if in doubt ask Jane!

Sarah Wharton has been and will be busy over the summer organising the club teams. Come and join in, club teams are fun... If you are not riding, do come and support the members, when we enter Area 12 competitions, we have to supply a club helper, team members would really appreciate anyone who would like to come along to be our helper. We were so lucky for years to have dear Anne Butcher who always helped at every Area 12 event, she is much missed by us all, however, I am sure she would be very proud of the club and how well the teams have been doing. Anne liked us to do well...

Area 12 Dates:

Sat 4th June: Area Horse Trials: Pontispool

Sun 3rd July: Area Style SJ & Riding test: KSEC (King Sedgemoor Equestrian Centre)

Sat 9th July: Area Summer dressage: Chard Equestrian

Sun 31st July: Area SJ: KSEC

Sun 20th Nov: Novice dressage: KSEC. LCRC is running this competition and we will need plenty of volunteers.

Hope to see you over the spring and summer.....

Fiona

Dates for your diary....

Wednesday 20th April: Afternoon - XC Schooling with Sarah Thorne at Poltimore Park. EX4 0AU.
Great progression from the earlier session.

Poltimore offers excellent facilities for all levels up to 90cm.

£35 each for groups of up to 4, 90 minutes, including xc hire charge.

Please book your places for training with Wendy Kiy (wendykiy@gmail.com) and send your Bacs payments to Fran Summers, club treasurer. Please ensure you reference your payment with the date of training.

Thurs 21st April: Flatwork / Pole Training with Gaynor Lomas at White Lodge, Dalwood, EX13 7EY. Gaynor taught several sessions for us last year which members thoroughly enjoyed. Kind thanks to Fiona Bengier for the use of her arena. £40/hour Individual or £20 each for 2 sharing. Please book your places for training with Wendy Kiy (wendykiy@gmail.com) and send your Bacs payments to Fran Summers, club treasurer. Please ensure you reference your payment with the date of training.

Friday 22nd April 10.30 am: Club ride: The Barns, Western Way, Winsham.

Nicky Rogers will lead the ride around the local bridleways, in the Thorncombe area.

This ride will be a moderate to fast pace, with plenty of chances to canter in open spaces.

£5 each Payment by Bacs or correct cash to put in the collection Jar.

Please be mounted and ready to ride at 10.30am

Names to Fran by Tuesday 19th April - fran.summers60@gmail.com

Wednesday 27th April: 12pm on Dressage training with Pam Ewell: Pendragon, Lodge Lane

Dressage training with Pam Ewell at Pendragon, Lodge Lane, Axminster. EX13 5RT.

All levels catered for, £15 for half an hour private or 1 hour shared, £25 for an individual lesson.

Cash payment on the day direct to Pam please

This is the first of the monthly sessions. Kind Thanks to Sarah for the use of her arena.

Start times from 12am. Names to Sarah Wharton: sarah.wharton64@gmail.com or 07792 248115

Wednesday 11th May 10.30am: Bluebell Ride from Swallowfields, Wyke

Ride will be at a slow pace with a chance to have a canter, parking in Jane's field.

£5 each Payment by Bacs or correct cash to put in the collection Jar.

Please be mounted and ready to ride at 10.30am

Names to Fran by Monday 9th May - fran.summers60@gmail.com

Thurs 12th May: Flatwork / Pole Training with Gaynor Lomas at White Lodge, Dalwood, EX13 7EY.

Gaynor taught several sessions for us last year which members thoroughly enjoyed. Kind thanks to Fiona Bengier for the use of her arena. £40/hour Individual or £20 each for 2 sharing.

Please book your places for training with Wendy Kiy (wendykiy@gmail.com) and send your Bacs payments to Fran Summers, club treasurer. Please ensure you reference your payment with the date of training.

Saturday 21st May: Flatwork/Dressage Training with Caroline Evans - The Linhay, Kilmington,
£30 Individual (45mins) £20 each for 2 sharing (1 hour)

Larger group possible if numbers allow.

Please book your places for training with Wendy Kiy (wendykiy@gmail.com) and send your Bacs payments to Fran Summers, club treasurer. Please ensure you reference your payment with the date of training.

Wednesday 25th May: SJ Training with Jane Rogers - Swallowfields, Wyke, Axminster, EX13 8TN.

Jane is happy to cater for all levels, small courses or grids.

£30/hour Individual £17.50/hour shared. (cash on day)

Please book your places for training with Wendy Kiy (wendykiy@gmail.com)

Bacs payments to Fran Summers, club treasurer. Please ensure you reference your payment.

Thursday 9th June 5.00pm: Club dressage and plate supper – Pendragon, Lodge Lane, Axminster

Class 1: Intro A (2008)

Class 2: Prelim 2 (2016)

Class 3: Prelim 12 (2005)

Class 4: Novice 24 (2010)

£8 per test or 2 for £12, please bring a plate of food to share after the dressage finishes.

Names to Sarah Wharton: sarah.wharton64@gmail.com by Monday 6th June
Bacs payments to Fran Summers, club treasurer. Please ensure you reference your payment

**Monday 27th June 6.30pm: Rider First Aid Workshop, by Empower First Aid: Tony Benger
Landscaping Dalwood Hill Nurseries EX13 7ES**

If a friend fell off on a hack would you know what to do until the emergency services arrived?
An interactive Workshop where Suzie Rosewell will cover basic first aid for Riders, which we may come across in our everyday activities,
Suzie has 10 years hands on experience delivering emergency first aid as Cabin Crew for Virgin Atlantic and British Airways, and has also worked for the police and studied Chinese Medicine at University. Suzie's equestrian experience is extensive and extends to grooming at 5* events with world class riders and Olympic horses.

Actual cost for this all important training should be £15 per head , BUT the Club will subsidise members who will only pay £5 per head, plus bring a plate of food to share.

Names to Fran - fran.summers60@gmail.com - on a first come first served basis .

If oversubscribed we will arrange a second date.

Tuesday 28th June: 10.30am Club ride in Dorset: Longlands Farm, Frampton. DT2 9NQ BKP Liz Elliott

Enjoy the old turf bridleways of Dorset, nearly all off road, at a moderate pace with opportunity to canter in open fields. Liz has kindly offered parking and to lead us on this ride.

£5 payment by Bacs or correct cash on the day

Names to Fran by Friday 24th June – fran.summers60@gmail.com

Tuesday 5th July: 3pm on Test riding with Gaynor Lomas at White Lodge, Dalwood. EX13 7EY

Following on from the success of last year. You ride a test of your choice, Gaynor will judge it, give you feedback on how to improve your marks, you then ride the test again. This was a fun and very educational evening, come along to watch and learn with or without your horse!

Followed by a plate supper, please bring a plate of food to share

£20 per person for 30 mins: Names to Fiona by Friday 1st July fiona@tonybenger.com

and send your Bacs payments to Fran Summers, club treasurer.

Please ensure you reference your payment with the date of training.

Wednesday 13th July: Evening S.J. competition at Swallowfields, 5pm on

Starting very low to encourage members to have a go!

5.00pm 50cm (1ft 6")

5.30pm 60cm (2ft)

6.00pm 70cm

6.30pm 80cm

7.00pm 90cm

£6 per round or two rounds for £10

Names to Jane Rogers: 07773 298430 or jane.rogers95@gmail.com by Monday 11th July

Bacs payments to Fran Summers, club treasurer. Please ensure you reference your payment.

Wednesday 20th July 4.30 to ride at 5pm: Beckford Bridge - Supper ride.

Led by Fiona Benger, this ride will be at a slow to moderate pace and ideal for first timers, to include a supper stop at the Tuckers Pub in Dalwood.

£15 each to include supper. Payment by Bacs or correct cash to put in the collection Jar.

Please be mounted and ready to ride at 5pm

Names to Fiona by Sat 16th July – fiona@tonybenger.com

Wednesday 17th August: 10.30 am Club ride: Bonhayes Farm, Whitchurch Canonorum. DT6 6RF.

This ride will take us through the stunning Marshwood Vale, which has plenty of chances to canter in open spaces. Sophie Johnson will organise this ride route. Parking BKP of Sophie.

£5 payment by Bacs or correct cash on the day

Names to Fran by Monday 15th August – fran.summers60@gmail.com

Friday 16th September: 10.30 am – Club lunch ride: Burr ridge, Nr Chardstock EX13 7DF

The ride will be at a moderate pace with chances to canter in open spaces.

We will ride to the Cotley Inn for lunch.

Parking will be at Burr ridge by kind permission of Fred and Lulu Eames.

£12 payment by Bacs or correct cash on the day
Names to Fran by Monday 12th September – fran.summers60@gmail.com

Friday 21st October: 10.30am Club ride: Wiscombe/Harcombe valley

This ride will be through the woodland and bridleways of Wiscombe and Harcombe valley.

Ride will be at a moderate pace.

Parking will be at Wiscombe top field by kind permission of Tim Chichester.

£5 payment by Bacs or correct cash on the day

Names to Fran by Monday 17th October – fran.summers60@gmail.com

Thursday 29th December: 10.30am Club Christmas ride: Stonebarrow / Golden cap

Ride will be at a moderate pace with chances to canter in open fields, taking in the bridleways across Stonebarrow and Golden cap.

On a clear day the views of Lyme Bay and to Portland and Torquay are amazing.

No charge, just bring festive food to share.

Parking at Seadown caravan park, Bridge Road, Charmouth, DT6 6QS, by kind permission of the Osborne family

Names to Fran by Tuesday 27th Dec – fran.summers60@gmail.com

60.seconds and 10 questions with..... Helen Turner

Where were you born and where have you lived: Newport Isle of Wight. I moved over to the mainland when I was 24 and lived at Luppitt where I owned my first horse. A chestnut section D with flaxen mane and tail and four white socks. A couple of other places but we now live in Dalwood in our forever home on top of the hill.

Your First pony, name, size & breed: Tingaling, a strawberry roan 14.2 new forest pony. He belonged to the riding school but I was allocated to look after him.

Funniest horse / pony moment: Thinking I was having a training day at Chard Equestrian only to be told it was a competition 'Combined Training' It was intro B dressage and 60 cms show jumping – it was funny because we won!

Top Tip: Listen to experienced riders and decide what works for you and your horse.

Rider Hero: I use to watch Sanyo Sanmar win everything as a teenager. Since I have come back into riding, I was so impressed with Vicky Young my trainer, especially when I learnt her age! At times I had thought I'm too old for this but seeing Vicky and all she accomplishes has spurred me on.

Horse you might like to steal: Sorry I can't answer this as I love my boys.

Your proudest achievement: I use to belong to the Horse Rangers on the Isle of Wight and was asked to be in their Musical Ride. We travelled around performing at the Island Fetes. At one event we rode at Carisbrook Castle in front of Princess Anne. We were going to ride in front of Lord Louis Mount Batten but he was sadly blown up 2 weeks before.

How much did you pay for the first set of shoes and in what year: I have never had shoes on my boys.

How many years have you been a member of L.C.R.C. One year.

Main aim for 2022: Enter a dressage competition that includes cantering and continue to improve my riding and have fun.

And Finally:

I would like to take this opportunity on behalf of the club, to wish Jane Rogers the very best of luck at Badminton this year, Jane has qualified both of her horses to compete there, this is quite an achievement. Magic in the 100 and Oscar in the 90, Jane will do her dressage on Tuesday 3rd

May, show jump and go cross country on Wednesday 4th May. Those of you heading to Badminton try and go a bit earlier, it would be nice to cheer her on.

Our range of LCRC clothing is available to order, please contact Sarah for more information, sarah.wharton64@gmail.com'